

APENS CAPE Certification Exam

Eligibility Criteria

Please be advised that as of January 1, 2014, (as voted by the NCPEID Executive Board and Consortium Membership) all applicants seeking *INITIAL* CAPE certification must take the APENS exam.

In order for candidates to be eligible to sit for the APENS exam they must meet the following minimum eligibility criteria.

1. **Bachelor's degree with a major in Physical Education or equivalent (e.g., Kinesiology, etc.).**
2. **A minimum of *twelve semester hours** (credits) specifically addressing the educational needs of individuals with disabilities. It is required that nine semester hours (credits) be specific to the area of adapted physical education or meet the following criteria:
 - a. Satisfactory completion of a minimum of **9 credits in APE coursework** and 3 credits of coursework from a related field (e.g. special education, speech, OT, PT, recreation, psychology) as documented with official college/university transcripts.
 - b. Satisfactory completion of a minimum of **6 credits in APE coursework** and 3 credits in coursework from a related field as documented with official college/university transcripts; **and up to 3 credits awarded for professional experience teaching APE as documented in writing from a local education agency.**

Note: Up to 3 credits can be awarded with documented years experience teaching APE. The following formula would apply and must be documented in writing from a local education agency. For every two years of full-time teaching in APE, 1 credit of requirement can be earned/awarded. The total amount of professional experience teaching APE that can be applied to the 12 credit eligibility is 3 credits (i.e., acknowledgment of up to 6 years of teaching experience in APE).

3. A minimum of **200 hours of documented experience** providing physical education instruction to individuals with disabilities.
4. A **current valid teaching certificate in physical education** in the state which you live and work.

*Evidence of coursework must relate to physical activity and students with disabilities as set forth by state and/or national standards for professional preparation in adapted physical education. The National Consortium for Physical Education for Individuals with Disabilities (NCPEID) and the Adapted Physical Activity Council (APAC) believe that coursework in adapted physical education should provide evidence of competency in the following areas:

Suggested Course Content in Adapted Physical Education

• Disability studies	• Motor assessment
• Report writing	• Special education law
• Development of individualized education programs (IEP)	• Adaptations/modifications for physical education
• Behavior management	• Collaboration and consultation
• Advocacy skills	• Instructional design and planning
• Teaching and learning styles	• Inclusion practices
• Community and family resources	• Professional leadership
• Assistive technology for physical education	• Disability sport and lifetime physical activity